

RECURRING SENIOR ACTIVITIES

Games and Cards

Join us every 2nd and 3rd Wednesday of the Month from 11:00 am – 3:00 pm in the Senior/Adult room.

Play your favorite card game, board game or even try our Wii system. Bring your friends and share in the fun. Teams are welcome.

Senior Exercise/Fitness

Join us every Thursday and Friday at 2:30pm for an exercise class.

On every Tuesday and Friday from 9:30 am – 10:30 am there will be an arthritis exercise class

Movie and Popcorn

Every Thursday at 12:00 pm join us and watch the latest video release and enjoy fresh popcorn as we relax and enjoy the movie on our large flat screen plasma television.

Senior Bingo

Every Tuesday from 12:00 pm to 2:30 pm please join us for a fun afternoon of friendship and laughs as we play some exciting games of BINGO.